

March 26, 2017

Fourth Sunday of Lent

MASS INTENTIONS

Saturday, March 25

5:00 p.m. +**Jacqueline Jukins**
By Husband

Sunday, March 26

8:00 a.m. +**Antoinette Diane Thomas**
By The Capaldo Family

10:30 a.m. **Parishioners of Saint Theodore Church**

Monday, March 27

8:45 a.m. +**Jacqueline Jukins**
By Husband

Tuesday, March 28

8:45 a.m. +**Daniel Jukins**
By Dad

Wednesday, March 29

8:45 a.m. + **For the Poor Souls in Purgatory**
By Barbara Kovacs

Thursday, March 30 NO MASS

Friday, March 31

8:45 a.m. +**Jozef Iwanowski**
By Irene Sanocki and Family

First Saturday, April 1

8:45 a.m. +**Jacqueline Jukins**
By Husband

5:00 p.m. +**Michael Schmitt**
By Grace Jablon

Sunday, April 2

8:00 a.m. +**Della Rebinski**
By Henry Rebinski

10:30 a.m. +**Frank Sobota**
By St. Theodore Choir

The Precepts of the Church

The precepts of the Church are duties that the Catholic Church requires of all the faithful. Also called the commandments of the Church, they are binding under pain of mortal sin, but the point is not to punish. As the Catechism of the Catholic Church explains, the binding nature "is meant to guarantee to the faithful the indispensable minimum in the spirit of prayer and moral effort, in the growth of love of God and neighbor." If we follow these commands, we'll know that we're headed in the right direction spiritually.

You may see different lists of precepts, but this is the current list from the Catechism.

1. The Sunday Duty

The first precept of the Church is "You shall attend Mass on Sundays and holy days of obligation and rest from servile labor." Often called the Sunday Duty or the Sunday Obligation, this is the way in which Christians fulfill the Third Commandment: "Remember, keep holy the Sabbath day." We participate in the **Mass**, and we refrain from any work that distracts us from a proper celebration of Christ's Resurrection.

2. Confession

The second precept of the Church is "You shall confess your sins at least once a year." Strictly speaking, we only need to take part in the Sacrament of Confession if we have committed a mortal sin, but the Church urges us to make frequent use of the sacrament and, at a minimum, *to receive it once each year in preparation for fulfilling our Easter Duty.*

3. The Easter Duty

The third precept of the Church is "You shall receive the sacrament of the Eucharist at least during the Easter season." Today, most Catholics receive the Eucharist at every Mass they attend, but it wasn't always so. Since the Sacrament of Holy Communion binds us to Christ and to our fellow Christians, the Church requires us to receive it at least once each year, sometime between Palm Sunday and Trinity Sunday (the Sunday after Pentecost Sunday).

Holy Week and Easter Sunday

Holy Thursday April, 13

Mass of the Lord's Supper: 7:00 P.M.

Visit to Repository until 10:30 P.M.

Good Friday, April 14

**Liturgy of the Passion, Holy Communion:
7 P.M.**

**Station of the Cross and Day 1 of Divine Mercy
Novena: after Liturgy**

Holy Saturday, April, 15

Easter Blessing of food: 1:00 P.M

Day 2 of Divine Mercy Novena

Easter Vigil, Mass: 8:00 P.M.

Easter Sunday, April 16

**Day 3 of Divine Mercy Novena, Procession and
Mass: 7:30 A.M.**

**Mass: 10:30 A.M., followed by Children's Easter
Egg Hunt**

4. Fasting and Abstinence

The fourth precept of the Church is "You shall established by the Church." Fasting and abstinence, along with prayer and almsgiving, are powerful tools in developing our spiritual life. Today, the Church requires Catholics to fast only on Ash Wednesday and Good Friday, and to abstain from meat on the Fridays during Lent. On all other Fridays of the year, we may perform some other penance in place of abstinence.

5. Supporting the Church

The fifth precept of the Church is "You shall help to provide for the needs of the Church." The Catechism notes that this "means that the faithful are obliged to assist with the material needs of the Church, each according to his own ability." In other words, we don't necessarily have to tithe (give ten percent of our income), if we can't afford it; but we should also be willing to give more if we can. Our support of the Church can also be through donations of our time, and the point of both is not simply to maintain the Church but to spread the Gospel and bring others into the Church, the Body of Christ.



Stephen, Anthony Vitale,
Bridget M., Savannah Paine,
Bobby Gross, Michael Dante,
Keira Hedges, Maryann
Vaughan, Robert Dicheck,

Peter, Zachary, Logan Peter Saksa, Anna Paine,
Maryann Vaughan, Anna Saksa, Lauren Lane,
Jay Mildrum, Philip Kinney, Mary D., Kerry
Kraft, Cathy Moncello, Peter S., Mary Supple,
Mary Rupell, Patty Mahoney, Susan Reynolds



Non Chocolate Candy
and plastic eggs are
needed for our annual
Easter Egg Hunt.

**Please drop off your
donations before April 8.**

Bishop's Annual Appeal

As of 3/17/17: Pledges \$3,535 from 25 families,
which represents 50.5% of \$7,000 Goal

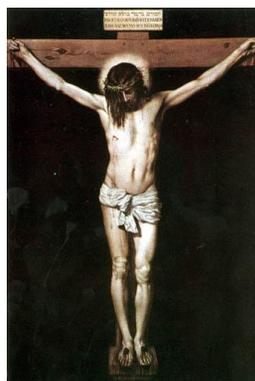


Special Masses Remembrance!

As a Spiritual Gift, have your
Family and Friends remembered in
the Solemn Easter Masses (6
Masses from April 13 through April
18) offered at St. Theodore Church.

OUR OFFERING

3/5: \$1,901; 3/12: \$2,088; 3/19: \$2,430



In the seventh century, the
Church in Rome adopted the
practice of Adoration of the
Cross from the Church in
Jerusalem, where a fragment
of wood believed to be the
Lord's cross had been
venerated every year on
Good Friday since the fourth
century. According to
tradition, a part of the Holy
Cross was discovered by the

mother of the emperor Constantine, St. Helen, on a pilgrimage to Jerusalem in 326. A fifth century account describes this service in Jerusalem. A coffer of gold-plated silver containing the wood of the cross was brought forward. The bishop placed the relic on the table in the chapel of the Crucifixion and the faithful approached it, touching brow and eyes and lips to the wood as the priest said (as every priest has done ever since): 'Behold, the Wood of the Cross.' Adoration or veneration of an image or representation of Christ's cross does not mean that we actually adore the material image, of course, but rather what it represents. In kneeling before the crucifix and kissing it we are paying the highest honor to our Lord's cross as the instrument of our salvation. Because the Cross is inseparable from His sacrifice, in reverencing His Cross we, in effect, adore Christ. Thus we affirm: 'We adore Thee, O Christ, and we bless Thee because by Thy Holy Cross Thou has Redeemed the World.'



HELP NEEDED! Spring
Cleaning of the Church
Grounds: **April 8, 10:30**
a.m. Please bring your rake.